

Compassionate Care that Celebrates Life Des soins compassionnels qui célèbrent la vie

For 35 years, Hospice Kingston has been providing comfort and care to individuals with life-limiting illness, their families and caregivers, and those affected by grief and loss.

The past eight months have been hugely challenging for Hospice Kinaston, our community, and world. As a direct result of the COVID-19 pandemic, we had to transform the way we provide care, in the most difficult of circumstances. Our in-person services have been suspended, however our dedicated volunteers continue to provide compassionate care via phone, email and online resources.

Sadly, we had to cancel crucial fundraising events. The reduction in revenue has had a tremendous impact on our limited financial resources.

We are incredibly grateful for your past support. We need your generosity now more than ever so we can continue to support the vulnerable people we care for every day in our community.

Hospice Kingston is a not-for-profit organization with 85% of funding coming from donations.

## **Community Hospice Services**

- Client Care
- Care Coordination
- Caregiver Support
- Wellness Program
- Grief & Bereavement Services
- Volunteer Services

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How do you comfort someone whose loved one has died when you can't give them a hug?

At Hospice Kingston, our Bereavement Support Program moved swiftly to online and telephone support and is continuing to offer our 7-Week Bereavement Support Group as well as one-to-one support for individuals. Not a hug, perhaps, but a strong support system for those on the journey we call grief.

A Bereavement Volunteer

🚹 After my breast cancer treatment, I was invited to attend a group with Hospice. This was nine years ago. I was guickly accepted and made to feel comfortable. Our group, all living with life-limiting illness, benefited from guest speakers, exercise, crafts, and sharing how we were feeling, over refreshments. I grew to love the other participants and looked forward to our afternoons together.

My family was supported, knowing I had Hospice on my side. I was blessed with 1-1 volunteer support at home and in the community. My life became joyful in spite of many worries.



The pandemic has changed everything. No longer can I attend get-togethers and see my volunteer. But - my group of Hospice friends meets on Zoom so I can see their faces and hear their stories. I also look forward to phone calls from the volunteers when we chat and catch-up with each other. It would be a lonely time without this support. I feel fortunate to be supported by Hospice and hope to resume our weekly gatherings and 1-1 visits as soon as we can.

- Mylou Benson, Client

## **Invest In Our Community**

For more information on how you can help...

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